

Rotisserie Chicken

Naturally Raised - Free Range

Moist, Tender & Flavorful, Rubbed with Healthy Plates special blend of herbs & spices -
Roasted To Perfection in our Rotisserie Oven

Family Feast (Serves 4 - 6) \$ 42.95

Whole Roasted Chicken
Village House Salad or Steamed Veggies
(4) Large Sides
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuits

Whole Chicken & Salad (Serves 4) \$ 27.95

Whole Roasted Chicken
Village House Salad
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuits

Half Chicken Dinner (Serves 2) \$ 17.95

Half Roasted Chicken
Village House Salad or Steamed Veggies
(2) Med Sides
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuits

Half Chicken & Salad (Serves 2) \$ 14.95

Half Roasted Chicken
Village House Salad For (2)
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuits

Half Chicken Dinner (Serves 1) \$ 13.95

Half Roasted Chicken
Village House Salad or Steamed Veggies
(2) Small Sides
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuit

Family Meals - Catered Events - Corporate Events

Rotisserie Chicken

Half Chicken & Salad for (1) \$ 11.95

Half Roasted Chicken
Village House Salad for (1)
Dipping Sauce
Whole Grain Cheddar & Garlic Biscuit

Rotisserie Chicken Pot Pie

Pulled Rotisserie Chicken w/ Country Vegetables in a rich Chicken Gravy seasoned with fresh herbs and Baked in a Whole Grain Pastry -
Pick Up - Take Home & Heat or Call Ahead & We'll Heat
Single \$ 7.00 Serves 6 - 8 people \$ 29

Sides

Whole Grain Wild Rice
Rosemary Sea Salt Oven Spuds
Baked Potato
Whole Grain Stuffing
Maple Baked Beans
Whole Grain Greek Pasta Salad
Whole Grain Cheddar & Garlic Biscuits

Salads & Veggies

Small Side \$ 4.25 - Single \$ 6.25 (add Chicken \$ 1.50)
House Village Salad
Caesar Salad
Greek Salad
Asian
Steamed Veggies

Chicken A la Carte \$ 11.95

Carrott Cake & Daily Desserts Available as well as

Zia Rita's Gluten Free Products

As Always - No Additives - No Preservatives
Only Cold Pressed Extra Virgin Olive Oil,
Natural Sea Salt & Fresh Herbs & Spices Used!

Family Meals - Catered Events - Corporate Events

Meals To Take - Heat & Eat

Freshly Prepared Meals That You Can Take Home -
Heat & Eat At your Leisure...Great for the freezer!

Traditional Meat Lasagna Single \$ 7.50 Serves 6 - 8 \$ 30

Fresh Whole Grain Pasta layered with 3 cheeses, fresh Basil, Oregano & Garlic & a rich meaty tomato sauce w/ Spinach and mushrooms (only best lean ground beef used)

Fettuccine Alfredo Single \$ 10.50 Serves 4 to 6 \$ 41

Fresh Whole Grain Fettuccine Noodles served with Parmesan cream sauce with a hint of garlic and topped with fresh herbs
(With Choice of Chicken or Shrimp)

Asian Stir Fry Single \$ 10.50 Serves 4 - 6 \$ 43

Tender Chicken Strips and delicious fresh wokked vegetables w/ Our Thai Peanut Sauce Served Over a Bed of Brown Wild Rice and Topped with Chopped Peanuts

Chicken Parmesan Single 10.50 Serves 4 \$ 43

Chicken Breast dipped in Fresh Parmesan, garlic & herbs then whole grain bread crumbs... baked & topped with marinara sauce and mozzarella cheese served over fresh Whole Grain Pasta.

Coconut Chicken Curry Single \$ 10.50 Serves 4 - 6 \$ 43

Chicken Breast, Chickpeas, Spinach, , Apple, Raisins, cashews and coconut spiked with red basil simmered in a mild coconut curry sauce - served with basmati rice & Nan bread.

Creamy Cajun Shrimp Single \$ 10.75 Serves 4 - 6 \$ 46

Zesty Shrimp in a Creamy Cajun Inspired Sauce with fresh Basil, Thyme and Cajun Spices Served with Fresh Veggies,
Whole Grain Wild Rice or Whole Grain Linguini

Thai Red Coconut Chicken Curry Single \$ 10 Serves 4-6 \$ 39

Chicken Breast, Fresh Vegetables Simmered in a Thai Red Coconut Curry Sauce - Served with whole Grain Rice & Topped With Fresh Basil

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